

NUTRITION *Guide*

The nutritional information in this brochure is based on standard portion product guidelines. There may be minor differences from time to time in product assembly or variations based on seasonal availability. We are committed to updating the information as needed in order to provide you with current data.

The information for promotional products may not be available. Please feel free to contact us with any nutritional concerns you may have about any of these products and we will make every effort to provide you with information.

N/A - Pizza Delight will be adding potassium values to menu items as they come up for review.

If you would like to contact us directly, please call toll free at 1-877-853-0990.



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	Portion	Calories	Protein (g)	Carbs (g)	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Fiber (g)	Sodium (mg)	Sugars (g)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Potassium (mg)
STARTERS																
Garlic Cheese Fingers	9" - 1 portion (152 g)	425.1	20.1	44.5	18.5	9.7	0.6	47.9	1.6	884.1	4.6	169.5	3.1	346.1	3.3	N/A
Garlic Cheese Fingers - with Bacon	9" - 1 portion (180 g)	537.6	23.3	45.6	29	13.3	0.6	66.1	1.6	1223.8	5.1	170.3	3.2	356.4	3.4	N/A
BBO Chicken Nachos	9" - 1 portion (432 g)	1072.5	37.1	84.2	62.5	24.3	0.6	121.6	7.7	1933.9	8.2	268.2	23.9	755.7	3.0	N/A
BBO Nachos	9" - 1 portion (404 g)	1038.5	30.9	82.8	62.1	24.2	0.6	106	7.7	1806.3	8.2	268.2	23.6	755.7	2.9	N/A
Breaded Chicken Wings	6 wings (156.52 g)	380.93	22.68	14.58	28.29	6.29	0.16	153.9	0	923.4	1.62	200.88	0	17.09	1.12	N/A
Boneless Chicken Wings	6 wings (199.98 g)	439.96	28	32	22	2	0.34	49.99	2	1459.85	0	0	0	44	2.2	N/A
Boneless Chicken Wings - without Sauce	1 portion (226.8 g)	453.6	29.5	36.3	20.4	2.3	0	79.4	0	1088.6	9.1	0	0	49.9	2.5	N/A
Donair Pinwheels	Regular (425.24g)	904.64	37.24	119.87	31.68	15.13	1.28	91.54	4.61	2118.54	28.22	119.54	11.25	407.42	8.23	N/A
Donair Pinwheels	Large (850.49g)	1809.28	74.47	239.74	63.36	30.27	2.56	183.08	9.22	4237.08	56.45	239.08	22.50	814.84	16.47	N/A
Fries (regular, oven-baked)	1 portion (226.80 g)	439.6	5.99	65.94	16.98	2.5	0.1	0	4	839.25	0.45	0	29.97	21.98	1.4	N/A
Rice Pilaf	1 portion (226.80 g)	304.86	5.65	61.57	3.27	1.56	0	0.02	1.2	1104.06	3.52	6.31	3.47	31.77	3.4	N/A
SOUPS & SALADS																
House Salad - with Dressing	Regular - 1 portion (184 g)	140.7	1.7	7.6	12.1	1.8	0.2	0	3	298.4	3.6	799.1	12.7	54.7	1.2	N/A
House Salad - with Chicken & Dressing	Regular - 1 portion (297 g)	276.8	26.7	13.3	13.8	2.3	0.2	62.4	3	808.7	3.6	799.1	14.0	54.7	1.5	N/A
Cranberry & Goat Cheese Salad	1 portion (626 g)	1020.4	86.6	32.7	62.6	14.3	0.3	213.3	5.7	1658.1	21.3	1119.3	22.7	170.1	6.9	N/A
Cranberry & Goat Cheese Salad - with Breaded Chicken	1 portion (722 g)	1140.4	103.6	41.7	64	14.8	0.3	248.3	5.7	1898.4	25.4	1120.0	22.7	170	7.5	N/A
Caesar Salad	Regular - 1 portion (163 g)	191	7.7	12.7	12.7	3.6	0.2	31.1	2.7	705.0	2	892.5	4.3	125.0	1.5	N/A
Caesar Salad - with Chicken	Regular - 1 portion (276 g)	327	32.6	18.3	14.4	4	0.2	93.4	2.7	1215.3	2	892.5	5.7	125.0	1.8	N/A
Hot Top Salad	1 portion (551g)	501.9	29.7	54.7	20.3	5.0	0.2	63.6	7.2	1705.8	33.9	1432.7	93.9	251.1	4.4	N/A
Greek Salad	Side (122.40g)	141.27	2.88	4.66	13.02	2.28	0.16	9.45	1.92	371.93	1.50	350.71	20.79	85.24	1.48	N/A
Greek Salad - with Chicken	Side (235.80g)	277.35	27.83	10.33	14.72	2.73	0.16	71.81	1.92	882.22	1.50	350.71	22.15	85.24	1.79	N/A

Greek Salad	Regular (210.45g)	252.56	4.37	8.02	23.71	3.39	0.25	14.17	3.39	556.01	2.49	683.89	34.74	126.08	2.62	N/A
Greek Salad - with Chicken	Regular (323.84g)	388.64	29.31	13.69	25.41	3.85	0.25	76.54	3.39	1066.30	2.49	683.89	36.10	126.08	2.94	N/A
Greek Salad	Large (369.37g)	558.00	8.03	12.66	55.01	7.47	0.60	33.05	5.37	1001.50	4.11	1207.87	48.22	207.32	3.94	N/A
Greek Salad - with Chicken	Large (482.77g)	694.08	32.97	18.33	56.71	7.93	0.60	95.42	5.37	1511.79	4.11	1207.87	49.58	207.32	4.25	N/A
French Onion Soup	1 portion (298.67 g)	370.46	17.96	37.42	16.48	8.22	0.45	32.28	4.33	3044.12	10.98	97.08	18	381.25	2.02	N/A
SIGNATURE PIZZAS																
Cheese	9" Pizza (297.67g)	641.42	30.32	93.04	17.58	10.04	0.59	42.00	3.76	1497.74	11.21	144.64	8.80	459.85	6.64	N/A
Cheese	1 slice - 12" Pizza (94.50g)	203.06	9.72	28.80	5.82	3.33	0.20	14.00	1.17	478.82	3.55	48.21	2.79	152.53	2.06	N/A
Cheese	1 slice - 15" Pizza (113.40g)	244.56	11.51	35.72	6.61	3.77	0.22	15.75	1.44	569.31	4.27	54.24	3.35	172.73	2.55	N/A
Works	1 slice - 12" Pizza (134.66 g)	282.36	15.34	30.54	11.5	5.61	0.32	31.07	1.75	754.77	4.19	53.71	7.14	161.52	2.55	N/A
Broadway Classic	1 slice - 12" Pizza (167 g)	284.9	14.8	31.9	11.8	5.7	0.3	32.8	2.1	763.4	4.9	65.3	13.1	162.5	2.6	N/A
Hawaiian Delight	1 slice - 12" Pizza (134.66 g)	286.85	17.02	31	11.2	5.95	0.34	33.8	1.36	784.46	5.52	73.78	3.93	225.92	2.23	N/A
Chunky Vegetable Greek	1 slice - 12" Pizza (131.35 g)	270.67	11.21	30.66	11.99	4.95	0.28	18.96	1.59	748.85	4.14	75.22	7.63	198.75	2.67	N/A
Seafood	1 slice - 12" Pizza (118 g)	239.6	13.3	29.4	7.9	4.5	0.2	42.0	1.2	636.7	3.2	43.8	2.1	178.4	2.2	N/A
Donair	1 slice - 12" Pizza (142 g)	316.2	14.8	36.4	12.9	6.4	0.5	37	1.6	822.9	8.1	48.5	3.5	186.9	2.64	N/A
All-Star Meat Pizza	1 slice - 12" Pizza (130 g)	284.4	16.2	30	11.5	5.5	0.3	40	1.1	830.0	4	52.0	2.5	157.0	2.6	N/A
Ultimate Pizza	1 slice - 12" Pizza (149 g)	304.4	16.6	31.2	13.2	6.1	0.3	38.5	1.4	856.2	4.4	58.5	7.4	160.0	2.8	N/A
Smoky Bacon Donair Pizza	9" Pizza (496.12 g)	1150.78	57.86	129.16	46.93	21.61	1.52	132.29	4.70	3089.20	36.41	179.98	11.66	560.22	8.29	N/A
Smoky Bacon Donair Pizza	12" Pizza 1/6 (148.83 g)	350.16	17.61	39.21	14.32	6.72	0.47	40.37	1.40	924.00	10.86	56.71	3.31	184.51	2.52	N/A
DONAIRS & PANZEROTTI																
Classic Donair	Regular - portion (256 g)	495.3	19.1	63	19.3	7.8	0.9	49.2	2.9	1372.2	15.5	38.5	8.3	101.5	4.8	N/A
Super Donair	Regular - portion (313 g)	664.3	29.8	65.1	32.4	14.8	1.3	96.9	3.4	1792.9	16.5	102.2	8.1	272.9	5.5	N/A
Handheld Classic Donair	1 portion (277.2g)	614.1	20.1	70.7	24.2	8.9	1.0	49.2	3.8	1834.3	14.5	36.5	4.8	146.0	4.8	N/A
Handheld Super Donair	1 portion (333.9g)	771.6	30.5	72.6	36.3	15.1	1.3	94.4	4.2	2281.6	15.3	96.6	5.2	333.1	5.4	N/A
Classic Panzerotti	Regular - portion (248.06 g)	449.35	22.17	49.76	18.76	9.82	0.5	44.25	3.49	1186.23	7.95	94.91	9.97	265.27	4.4	N/A
Seafood Panzerotti	Regular - portion (208 g)	417.1	20.8	46.0	16.3	8.1	0.4	81.3	2.0	1027.3	5.3	73.6	5.0	237.2	3.5	N/A
Super Donair Panzerotti	Regular - portion (284 g)	636.1	24.9	70.5	29.1	12.82	1	76	2.6	1540.5	23.4	136.2	6.4	301.7	4.6	N/A
DUO'S																
Pizza and Nacho Duo - with Chicken	1 portion (461 g)	949.8	39.4	90.7	44.8	18.9	0.7	100.9	6.7	2201.3	12.2	215.8	26.6	567.6	5.5	N/A
Pizza and Nacho Duo - without Chicken	1 portion (447 g)	932.8	36.3	90	44.6	18.8	0.7	93.1	6.7	2137.5	12.2	215.8	26.5	567.6	5.5	N/A
Soup (Chicken Noodle) and Garlic Cheese Fingers	1 portion (400.44g)	498.9	27.0	63.1	17.6	7.3	0.3	53.0	3.5	2565.3	5.8	109.2	2.9	212.5	4.1	525.0
Bread Chicken Wings and Super Donair	1 portion (446.18g)	1004.8	53.5	73.5	58.0	21.4	1.0	244.3	3.8	2777.9	18.6	754.6	7.1	314.7	6.4	498.2
NAAN'WICHES																
Chicken Parmigiana Naan'wich	1 portion (504.0g)															
with Caesar Salad	1 portion (504.0g)	770.3	38.0	75.7	31.3	9.5	0.5	85.6	6.7	2219.7	10.0	1413.5	10.1	298.9	5.9	N/A
with House Salad	1 portion (504.0g)	710.1	31.3	69.1	30.5	7.6	0.5	48.8	6.6	1688.8	11.8	1093.7	19.4	214.4	5.3	N/A
with Fries	1 portion (504.0g)	910.2	34.5	113.1	28.9	8.0	0.3	48.8	8.3	2388.2	7.3	108.3	13.4	205.7	5.4	N/A
with Pasta Salad	1 portion (504.0g)	1011.8	35.7	107.3	43.6	9.6	0.7	81.2	5.1	1817.7	20.3	108.3	3.8	622.2	5.1	N/A
with Rice	1 portion (504.0g)	1348.5	46.2	241.2	17.5	6.0	0.3	48.8	4.9	1337.4	8.6	108.3	3.8	345.8	5.2	N/A
Chipotle Chicken and Bacon Naan'wich	1 portion (539.4g)															
with Caesar Salad	1 portion (539.4g)	1155.1	52.9	71.0	68.2	20.9	1.1	156.6	6.4	3013.2	6.6	1687.0	12.2	612.6	5.8	N/A
with House Salad	1 portion (539.4g)	1094.9	46.3	64.4	67.3	19.0	1.1	119.8	6.3	2482.4	8.4	1367.2	21.5	528.1	5.3	N/A
with Fries	1 portion (539.4g)	1294.9	49.5	108.4	65.8	19.4	0.9	119.8	8.0	3181.7	3.9	381.9	15.5	519.3	5.3	N/A
with Pasta Salad	1 portion (539.4g)	1396.6	50.6	102.6	80.5	21.0	1.3	152.2	4.8	2611.2	16.9	381.9	5.9	935.8	5.0	N/A
with Rice	1 portion (539.4g)	1733.3	61.2	236.5	54.3	17.4	0.9	119.8	4.6	2131.0	5.2	381.9	5.9	659.5	5.1	N/A
Hickory BBQ Chicken Naan'wich	1 portion (525.2g)															
with Caesar Salad	1 portion (525.2g)	1071.5	51.0	84.1	55.9	20.8	1.1	149.4	5.9	3070.5	19.8	1536.0	8.2	578.2	5.4	N/A
with House Salad	1 portion (525.2g)	1011.4	44.3	77.5	55.0	18.8	1.1	112.7	5.9	2539.6	21.6	1216.2	17.5	493.7	4.9	N/A
with Fries	1 portion (525.2g)	1211.4	47.5	121.6	53.4	19.3	0.9	112.7	7.6	3239.0	17.1	230.8	11.5	484.9	4.9	N/A
PASTA																
Seafood	1 portion (601g)	1473.0	63.3	246.9	25.3	11.4	0.3	168.2	12.6	1654.1	13.4	34.1	5.9	280.2	11.4	N/A

Spaghetti with Meatballs	1 portion (676.6 g)	1488.8	68.6	236.4	27.3	11.1	1.2	68.4	20.3	1771.1	17.2	201.6	30.9	184.9	16.5	N/A
Spaghetti Supreme	1 portion (773g)	1775.1	82.3	263.9	44.7	20.1	1.7	115.0	18.9	2286.7	23.0	211.7	31.7	479.6	17.5	N/A
Lasagna	Regular - 1 portion (426 g)	648.2	36.8	51.3	29.3	17.2	1	89.9	9.2	1579.2	9.8	359.9	26.8	619.3	5.8	N/A
Seafood Linguine	1 portion (540 g)	1297.9	59.1	224.5	17.8	7.8	0.3	168.2	11.5	1388.2	12.1	31.1	4.5	237.1	9.9	N/A
Chicken Alfredo Pasta	1 portion (603.4 g)	1363.2	64.5	229.6	135.2	9.8	0.5	91.9	10.6	1923.8	14	143.8	4.5	359.8	8.8	N/A
Chicken Parmigiana	1 portion (800.9 g)	1658.9	72.3	262	33.6	9	0.4	103	14.6	2252.3	30	168.5	27.7	379.9	13.6	N/A

SKILLETS™ & CHICKEN

Chicken Skillet™	1 portion (354.62 g)	355.43	36.29	13.37	18.22	9.04	0.02	58.04	3.08	223.75	6.84	149.43	88.92	104.56	1.74	N/A
Seafood Skillet™	1 portion (354.37 g)	400.31	22.28	14.95	28.54	14.6	0.36	137.65	3.08	641.59	6.83	277.58	99.46	134.29	3.03	N/A
Quarter Chicken Dinner	1 portion (578.84 g)	1014.67	68.5	85.77	42.6	10.4	0.7	193.31	5.12	1759.11	2.92	77.1	32.43	68.06	3.82	N/A
BBQ Ribs	1 portion (585 g)	1228.5	81.9	76.05	64.35	26.32	0.58	292.5	0	1989	76.05	117	0	234	6.55	N/A

LIMITED-TIME OFFERS

Summer Berry Salad	Regular (309.15g)	384.9	24.4	26.6	22.0	4.5	0.1	63.0	4.0	777.8	16.7	575.2	43.4	67.9	1.9	625.0
Summer Berry Salad	Meal (468.89g)	645.7	29.3	43.9	42.4	8.6	0.3	79.2	6.7	1161.3	30.4	1016.3	60.2	114.9	3.0	890.5
The Big Crave	12" (712g)	1525.8	81.7	135.1	74.9	37.6	2.3	224.6	6.6	4497.9	35.0	474.3	16.9	1440.1	11.3	N/A
The Big Crave	9" (181g)	390.0	20.4	37.7	17.9	9.0	0.6	52.9	1.8	1112.5	8.5	114.2	4.4	347.2	3.1	N/A
Seafood Lasagna	Regular ((618.60g)	1096.2	72.1	69.6	128.9	32.2	1.6	365.7	3.9	3390.0	5.4	526.9	21.9	850.6	6.7	810.2

KID'S MENU

Kitty Cat Pizza	1 portion (168.35 g)	374.15	16	52.15	11.62	6.1	0.39	27.07	1.92	858.27	10.95	80	5.28	232.64	3.22	N/A
Bad Dog Pizza	1 portion (345.21 g)	780.91	37.42	98.89	27.28	14.18	0.81	76.33	4.42	1967.98	14.27	146.18	8.88	468.06	7.5	N/A
Mac 'n cheese	1 portion (198 g)	322.25	10.02	45.82	10.57	2.87	0.16	16.39	1.39	768.08	9.88	31.62	1.13	182.6	1.29	N/A
Garlic Cheese Fingers	6" - 1 portion (116.94 g)	317.82	13.75	40.89	11.26	6.48	0.26	19.34	1.48	635.48	3.83	55.14	3.07	223.19	2.89	N/A
Fruit Salad	1 portion (100.05 g)	93.93	0.77	15.95	3.51	3	0.02	0.05	0.67	28.48	8.39	47.34	10.21	13.54	0.2	N/A
Chicken Bites Meal - with side Caesar Salad	1 portion (321 g)	369.5	22.6	31.7	17	2.6	0.1	61.9	3.2	1267.7	5.9	1128.1	6.8	137.9	2.4	N/A
Chicken Bites Meal - with side Garden Salad	1 portion (307 g)	339.9	20.4	29.1	15.8	1.9	0.1	50.4	3	1078.8	6.2	966.6	8.7	107.3	2.2	N/A
Chicken Bites Meal - with side Pasta Salad	1 portion (392 g)	593.5	23.9	56.4	29.6	4	0.3	70.7	3.4	1297.3	13.2	720.2	4.8	387.4	2.6	N/A
Chicken Bites Meal - with side Fries	1 portion (392 g)	530	23.2	60.1	20.4	3	0	50.4	5.4	1653.9	5.1	720.2	10.8	127.1	2.8	N/A
Oodles of Noodles - with Meat Sauce	1 portion (227 g)	562.6	21	110.6	3	0.9	0	0	7.9	355.6	6.9	56.6	10.9	30.1	5.7	N/A
Oddles of Noodles - with Alfredo Sauce	1 portion (227 g)	588.7	21	110.7	49.7	3.1	0.2	13.8	5.3	555.1	6.3	41.9	1.0	117.6	4.2	N/A
Oodles of Noodles - with Garlic Spread	1 portion (170 g)	667.6	18.4	106	19.4	4.8	0.3	0	5.1	279.7	4.1	226.8	2.1	36.3	4.3	N/A

DESSERTS

Apple Skillet	1 portion - (179.19 g)	477.71	5.96	77.97	16.18	7.93	0.3	30.69	2.54	337.72	49.18	233.72	1.62	133.36	1.19	N/A
Brownie Skillet Supreme	1 portion (303.61 g)	993.4	10.5	128.7	52.4	31.0	0.3	67.0	4.9	258.0	93.9	122.0	0.5	165.0	4.1	N/A
Chocolate Eruption	1 portion (208 g)	738	10.48	84	42	20	0.64	134	5	468	60	0	0	0	0	N/A
Chocolate Chunk Cookie Skillet	1 portion - (296.54 g)	1036.01	10.78	133.35	54	30.08	0.47	70.88	4.88	639.48	87.1	391.35	0.42	133.33	5.47	N/A
Peanut Butter Fudge Brownie Cheesecake	1 portion - (200 g)	855.0	12.0	66.0	43.0	22.0	0.3	37.0	4.0	364.0	59.0	120.0	20.4	99.0	1.1	N/A

SCORE'S MENU

APPETIZERS (without a Side Dish or Topping)

Sweet Potato Fries	Side (226.80g)	346.9	5.3	56.0	10.7	1.3	0.1	0.0	8.0	640.4	18.7	1967.2	17.0	80.1	1.1	667.1
Sweet Potato Fries	Large (226.80g)	520.3	8.0	84.1	16.0	2.0	0.1	0.0	12.0	960.6	28.0	2950.9	25.5	120.1	1.6	1000.6
Poutine	420g	970	39	82	60	23	1	70	6	1960	1	N/A	N/A	N/A	N/A	N/A
Poutine with Chicken	480g	1060	59	82	61	23	1	125	6	2020	1	N/A	N/A	N/A	N/A	N/A

SOUPS

Cream of Broccoli	250ml	140	2	11	10	3	0.2	10	1	540	2	N/A	N/A	N/A	N/A	N/A
Cream of Celery	250ml	140	2	11	10	3	0.2	10	1	550	2	N/A	N/A	N/A	N/A	N/A
Cream of Mushroom	250ml	140	2	11	10	3.5	0.2	10	1	560	2	N/A	N/A	N/A	N/A	N/A
Cream of Cauliflower	250ml	140	2	11	10	3	0.2	10	1	540	2	N/A	N/A	N/A	N/A	N/A
Cream of Spinach	250ml	140	2	11	10	3	0.2	10	1	550	1	N/A	N/A	N/A	N/A	N/A
Cream of Leek	250ml	140	2	12	10	3	0.2	10	1	540	2	N/A	N/A	N/A	N/A	N/A
Chicken Royal Soup	250ml	160	5	12	10	3	0.2	20	1	540	2	N/A	N/A	N/A	N/A	N/A
Lentil Soup	250ml	170	7	20	7	1	0.1	5	8	450	2	N/A	N/A	N/A	N/A	N/A
Minestrone Soup	250ml	70	2	11	2	0.5	0	0	1	690	3	N/A	N/A	N/A	N/A	N/A
Pea Soup	250ml	110	6	20	2	0.2	0	0	5	490	4	N/A	N/A	N/A	N/A	N/A
Chicken Noodle Soup	250ml	80	8	8	1.5	0.5	0	20	1	740	2	N/A	N/A	N/A	N/A	N/A

SAUCES

Sweet & Sour	42ml	60	0.1	15	0	0	0	0	0	150	13	N/A	N/A	N/A	N/A	N/A
Chicken Wings	42ml	80	1	12	2.5	0.2	0	0	0	470	10	N/A	N/A	N/A	N/A	N/A
BBQ (Kids menu)	60ml	20	0.3	3	0.3	0.1	0	0	0	590	0	N/A	N/A	N/A	N/A	N/A
BBQ	90ml	25	0.5	5	0.4	0.2	0	0	0	890	1	N/A	N/A	N/A	N/A	N/A
Ribs	60ml	100	0.5	25	0.1	0	0	0	0	280	22	N/A	N/A	N/A	N/A	N/A
Dijon	42ml	150	0.4	8	13	2	0	15	0	240	7	N/A	N/A	N/A	N/A	N/A
Honey Mustard	42ml	200	0.4	8	18	1.5	0.2	15	0	230	0	N/A	N/A	N/A	N/A	N/A
Pepper	60ml	30	1	5	0.5	0.2	0	0	0	420	2	N/A	N/A	N/A	N/A	N/A

SIDE DISHES

Fries	212g	600	8	76	30	2.5	0.1	0	7	65	0	N/A	N/A	N/A	N/A	N/A
Vegetables	174g	80	3	8	4.5	1	0.1	0	5	75	3	N/A	N/A	N/A	N/A	N/A
Baked Potato	235g	200	4	47	0.2	0.1	0	0	4	10	2	N/A	N/A	N/A	N/A	N/A
Mashed Potatoes	168g	130	3	25	6	2	0	0	3	600	0	N/A	N/A	N/A	N/A	N/A
Poutine	420g	970	39	82	60	23	1	70	6	1960	1	N/A	N/A	N/A	N/A	N/A
Coleslaw	120g	90	1	10	6	0.5	0.1	5	3	210	7	N/A	N/A	N/A	N/A	N/A
Coleslaw, Bread & BBQ Sauce	241g	190	4	29	7	1	0.1	5	3	1260	9	N/A	N/A	N/A	N/A	N/A

ON THE GRILL (without Side Dish)

Chicken Brochette with Rice	495g	660	50	74	17	2.5	0.1	115	3	2440	5	N/A	N/A	N/A	N/A	N/A
Texan Chicken Brochette with Rice	515g	690	51	82	17	2.5	0.1	115	3	2540	12	N/A	N/A	N/A	N/A	N/A
Thai Chicken Brochette with Rice	532g	720	52	92	20	3	0.1	115	4	2960	20	N/A	N/A	N/A	N/A	N/A

ROTISSERIE CHICKEN (without Side Dish)

Half Chicken	348g	800	101	2	43	12	0.2	345	0	1150	0	N/A	N/A	N/A	N/A	N/A
Quarter Chicken (leg)	138g	400	41	0	26	7	0.1	160	0	580	0	N/A	N/A	N/A	N/A	N/A
Quarter Chicken (breast)	210g	400	60	2	17	5	0.1	185	0	570	0	N/A	N/A	N/A	N/A	N/A
Two-Leg Meal	276g	790	81	0	52	14	0.2	315	0	1150	0	N/A	N/A	N/A	N/A	N/A

BACK RIBS (without Side Dish)

Back Ribs	200g	600	52	19	35	13	0.4	300	0	810	17	N/A	N/A	N/A	N/A	N/A
Half Back Ribs	100g	300	26	9	18	7	0.2	150	0	410	9	N/A	N/A	N/A	N/A	N/A
Quarter Leg and Half Back Ribs	238g	700	67	9	44	14	0.3	305	0	980	9	N/A	N/A	N/A	N/A	N/A
Quarter Breast and Half Back Ribs	310g	700	87	11	35	12	0.3	335	0	980	9	N/A	N/A	N/A	N/A	N/A
Tender Chicken Breast Fillets and Half Back Ribs	300g	850	60	41	49	10	0.3	225	0	1060	9	N/A	N/A	N/A	N/A	N/A

SANDWICHES (without Side Dish)

Hot Chicken with Green Peas and Sauce	630g	640	82	61	8	2	0	190	6	1540	7	N/A	N/A	N/A	N/A	N/A
Club Sandwich	377g	680	68	57	21	6	0.1	155	4	1080	6	N/A	N/A	N/A	N/A	N/A
Club Sandwich (half)	189g	340	34	28	11	3	0.1	80	2	520	3	N/A	N/A	N/A	N/A	N/A
BBQ Wrap	353g	870	40	72	46	14	0.5	90	3	1810	3	N/A	N/A	N/A	N/A	N/A
BBQ Wrap with Mayo Ancho and Chipotle	433g	1500	41	74	116	20	0.5	135	4	2410	5	N/A	N/A	N/A	N/A	N/A
Chicken Caesar Wrap with Bacon	312g	740	37	54	41	7	0.3	90	3	2030	1	N/A	N/A	N/A	N/A	N/A
Chicken Salad Wrap	322g	840	43	54	50	5	0	120	3	1430	2	N/A	N/A	N/A	N/A	N/A
Tender Chicken Breast Fillets Wrap	356g	840	31	76	45	7	0.2	65	3	1570	3	N/A	N/A	N/A	N/A	N/A

INSPIRATIONS (without Side Dish)

Tender Chicken Breast Fillets (3)	150g	410	25	24	24	2.5	0.1	55	0	490	0	N/A	N/A	N/A	N/A	N/A
Tender Chicken Breast Fillets (5)	250g	690	42	40	40	4	0.1	95	0	820	0	N/A	N/A	N/A	N/A	N/A

SALAD BAR (Salads)

Iceberg Lettuce	100g	15	1	3	0.1	0	0	0	1	10	2	N/A	N/A	N/A	N/A	N/A
Romaine Lettuce	100g	15	1	3	0.3	0	0	0	2	10	1	N/A	N/A	N/A	N/A	N/A
Beet Salad	100g	35	1	8	0.3	0	0	0	1	180	6	N/A	N/A	N/A	N/A	N/A
Carrot Salad	100g	120	2	18	5	1.5	0	5	3	100	11	N/A	N/A	N/A	N/A	N/A
Coleslaw Salad	100g	80	1	8	4.5	0.4	0	5	2	180	6	N/A	N/A	N/A	N/A	N/A
Cauliflower Salad	100g	100	3	4	8	1.5	0	60	1	45	2	N/A	N/A	N/A	N/A	N/A
Couscous Salad	100g	150	4	23	4	0.5	0.1	0	2	580	3	N/A	N/A	N/A	N/A	N/A
Fusilli Salad	100g	170	4	18	9	1.5	0.1	5	1	190	1	N/A	N/A	N/A	N/A	N/A
Quinoa Salad	100g	150	2	18	8	0.5	0.1	0	2	170	6	N/A	N/A	N/A	N/A	N/A
Greek Salad	100g	35	1	5	2	0.3	0	0	1	160	3	N/A	N/A	N/A	N/A	N/A
Lima Bean Salad	100g	140	4	16	7	0.5	0.1	0	4	230	2	N/A	N/A	N/A	N/A	N/A
Chickpea Salad	100g	150	5	16	8	0.5	0.1	0	3	280	2	N/A	N/A	N/A	N/A	N/A
Potato Salad	100g	160	2	12	12	1	0	5	1	220	1	N/A	N/A	N/A	N/A	N/A
Thai Salad	100g	120	3	21	1.5	0.3	0	5	2	180	6	N/A	N/A	N/A	N/A	N/A

SALAD BAR (Dressing)																
Olive Oil	30ml	250	0	0	29	4	0	0	0	0	0	0	N/A	N/A	N/A	N/A
Dijon Dip	30ml	110	0.3	6	9	1.5	0	10	0	170	5	N/A	N/A	N/A	N/A	N/A
Balsamic Vinegar	30ml	20	0	6	0	0	0	0	0	0	0	N/A	N/A	N/A	N/A	N/A
Balsamic Dressing	30ml	70	0	3	7	1	0.1	0	0	310	3	N/A	N/A	N/A	N/A	N/A
Caesar Dressing	30ml	160	0.2	0	17	1	0.2	10	0	210	0	N/A	N/A	N/A	N/A	N/A
Greek Dressing	30ml	100	0.3	3	10	1.5	0.1	0	0	270	0	N/A	N/A	N/A	N/A	N/A
Italian Dressing	30ml	160	0.1	2	17	1	0.3	0	0	250	0	N/A	N/A	N/A	N/A	N/A
House Dressing	30ml	150	0.1	2	16	1	0.3	0	0	220	2	N/A	N/A	N/A	N/A	N/A
Honey Mustard Dressing	30ml	140	0.3	5	13	1	0.2	10	0	170	0	N/A	N/A	N/A	N/A	N/A
Ranch Dressing	30ml	120	0.4	2	12	2	0.2	10	0	210	0	N/A	N/A	N/A	N/A	N/A

SALAD BAR (Fresh Vegetables)																
Broccoli	100g	35	3	7	0.4	0	0	0	3	35	2	N/A	N/A	N/A	N/A	N/A
Carrot	100g	40	1	9	0	0	0	0	3	75	6	N/A	N/A	N/A	N/A	N/A
Celery	100g	15	1	3	0.2	0	0	0	1	80	2	N/A	N/A	N/A	N/A	N/A
Cauliflower	100g	25	2	5	0.1	0	0	0	2	30	2	N/A	N/A	N/A	N/A	N/A
Red Cabbage	100g	30	1	7	0.2	0	0	0	2	25	4	N/A	N/A	N/A	N/A	N/A
Cucumber	100g	10	1	2	0.2	0	0	0	1	2	1	N/A	N/A	N/A	N/A	N/A
Bean Sprouts	100g	30	3	6	0.2	0	0	0	2	5	4	N/A	N/A	N/A	N/A	N/A
Tomato	100g	20	1	4	0.2	0	0	0	1	5	3	N/A	N/A	N/A	N/A	N/A
Red Onion	100g	40	1	9	0.1	0	0	0	2	4	4	N/A	N/A	N/A	N/A	N/A

SALAD BAR (Fresh Fruit)																
Pineapple	100g	50	1	13	0.1	0	0	0	1	1	10	N/A	N/A	N/A	N/A	N/A
Cantaloupe	100g	35	1	8	0.2	0.1	0	0	1	15	7	N/A	N/A	N/A	N/A	N/A
Clementine	100g	45	1	12	0.2	0	0	0	2	1	9	N/A	N/A	N/A	N/A	N/A
Kiwi	100g	60	1	15	0.5	0	0	0	3	3	9	N/A	N/A	N/A	N/A	N/A
Mandarine	100g	60	1	15	0	0	0	0	1	10	13	N/A	N/A	N/A	N/A	N/A
Watermelon	100g	30	0.4	10	0	0	0	0	1	4	9	N/A	N/A	N/A	N/A	N/A
Honeydew Melon	100g	35	1	9	0.1	0	0	0	1	20	8	N/A	N/A	N/A	N/A	N/A
Orange	100g	45	1	12	0.1	0	0	0	2	0	9	N/A	N/A	N/A	N/A	N/A
Pear	100g	60	0.4	15	0.1	0	0	0	3	1	10	N/A	N/A	N/A	N/A	N/A
Apple	100g	50	0.3	14	0.2	0	0	0	2	1	10	N/A	N/A	N/A	N/A	N/A
Plum	100g	45	1	11	0.3	0	0	0	1	0	10	N/A	N/A	N/A	N/A	N/A

SALAD BAR (Miscellaneous)																
Saltines	2 saltines	45	1	8	1	0.2	0	0	0	125	0	N/A	N/A	N/A	N/A	N/A
Dried Cranberries	30g	110	1	26	1	0	0	0	2	0	23	N/A	N/A	N/A	N/A	N/A
Pickles	30g	4	0	1	0	0	0	0	0	240	0	N/A	N/A	N/A	N/A	N/A
Caesar Croutons	10g	40	1	8	0.5	0.1	0	0	1	45	1	N/A	N/A	N/A	N/A	N/A
Cottage Cheese	30g	25	4	2	0.2	0.1	0	0	0	140	1	N/A	N/A	N/A	N/A	N/A
Mixed Seeds	30g	170	8	10	11	10	0	0	3	20	5	N/A	N/A	N/A	N/A	N/A
Bacon Bits	10g	40	4	2	2	0.5	0.2	0	1	230	1	N/A	N/A	N/A	N/A	N/A
Fried Noodles	30g	120	3	19	3	0.3	0	5	1	300	0	N/A	N/A	N/A	N/A	N/A
Boiled Egg (l)	50g	70	6	1	5	1.5	0	200	0	70	0	N/A	N/A	N/A	N/A	N/A
Green Olives	30g	40	0.2	1	4.5	0.5	0	0	1	0	0	N/A	N/A	N/A	N/A	N/A

If you have questions or concerns about a food allergy or sensitivity, please let your server know, or contact us directly at the toll free number listed on the front panel. This information is current as of June 2019. Information will be updated periodically on our website: www.pizzadelight.com.